



# Helping Your Loved One Navigate Medicare

Helping a friend or family member enroll in Medicare for the first time or even switch plans can be overwhelming.

**To best aid your loved one as they navigate Medicare, make sure you know the answers to the following questions:**

1. What doctors or specialists do they see throughout the year?

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2. Where are their doctors located? (Close to home, out of state, do you travel to see any specialists?)

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3. Do they travel often or live part-time in another area?

Yes  No

4. What prescription medications are they taking?

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5. Are they managing any chronic health conditions?

Yes  No

6. What is the most they can afford to pay each year in medical expenses?

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7. How much can they comfortably afford to pay each month for healthcare, on top of their Part B premium?

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8. Are there any supplemental benefits that are important to them?

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|---|---|
| <input type="checkbox"/> Dental             | <input type="checkbox"/> Vision                   |
| <input type="checkbox"/> Hearing aids       | <input type="checkbox"/> Over-the-count allowance |
| <input type="checkbox"/> Flex spending card | <input type="checkbox"/> Gym membership           |
| <input type="checkbox"/> Telehealth         | <input type="checkbox"/> Meal delivery            |
| <input type="checkbox"/> Transportation     |   |
| <input type="checkbox"/> Other:             | _____   |

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This information will help guide you and your loved one to the plan that's best for their health and budget. We're here for you every step of the way. **Talk to an Excellus BCBS Medicare Sales Advisor at 1-877-406-4823 (TTY: 711).**

Excellus  **MEDICARE**

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Our Health Plan complies with Federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

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