



Helping Your Loved One Navigate Medicare

Helping a friend or family member enroll in Medicare for the first time or even switch plans can be overwhelming. **To best aid your loved one as they navigate Medicare, make sure you know the answers to the following questions:**

1. What doctors or specialists do they see throughout the year?

2. Where are their doctors located? (Close to home, out of state, do you travel to see any specialists?)

3. Do they travel often or live part-time in another area?
 Yes No
4. What prescription medications are they taking?

5. Are they managing any chronic health conditions?
 Yes No
6. What is the most they can afford to pay each year in medical expenses?

7. How much can they comfortably afford to pay each month for healthcare, on top of their Part B premium?

8. Are there any supplemental benefits that are important to them?
 Dental Vision
 Hearing aids Over-the-counter allowance
 Flex spending card Gym membership
 Telehealth Meal delivery
 Transportation
 Other: _____

This information will help guide you and your loved one to the plan that's best for their health and budget. We're here for you every step of the way. **Talk to an Excellus BCBS Medicare Sales Advisor at 1-877-406-4823 (TTY: 711).**

Excellus BlueCross BlueShield is a nonprofit independent licensee of the Blue Cross Blue Shield Association.

Our Health Plan complies with Federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

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